

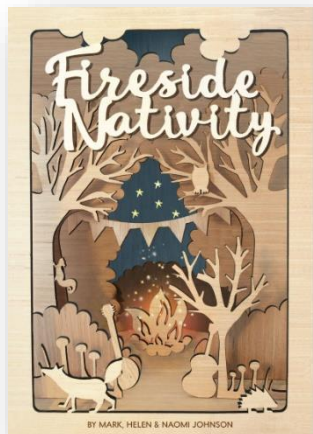


Friday Flyer – Friday 2nd December 2022

Dear Parent,

The countdown to Christmas has begun! Today we had a special visitor followed by lots of Reindeer dashing around our daily mile. A huge thanks for all your sponsorship of the event which will go into our PTA funding pot for a whole school project in the summer term 23!

Fireside Nativity



Preparations are well under way for our **'Fireside Nativity'**. All pupils from Reception to Y6 will be involved and we will welcome you to **'Kelsall Primary & Nursery School's Annual Christmas Camp 2022'** on **Wednesday 14th December @ 5:00pm.**

Year 2 will be taking on the lead parts with support from all other year groups as Kings, Angels, Sheep, Shepherds and more! Hot dogs, hot chocolate with marshmallows and AF mulled wine will be served. We invite you to join our Christmas Camp with your own chairs and blankets!

Class teachers will have loaded their See-Saw pages with the songs and words to learn at home. You can find all the songs and words here too...

[Fireside Nativity \(padlet.com\)](https://www.padt.com)

Costumes

All pupils will have been given their all important parts for the **Fireside Nativity**. We will be making key elements of costumes in school. Please see below for details of what each child will need to wear and have ready for our dress rehearsal on **Tuesday 13th December**. Please put clothes in a carrier bag and label with your child's name and class. Bear in mind that the performance is outdoors so layers would be advised.

Reception – Stable Animals (donkey, horse, sheep, cow – school will be provide headsets and face paints)

Year 1 – Sheep; black and white tops/trousers.

Year 2 – All Campers – woolly hats, scarves, coats

Wise Men – Dark top and trousers, decorative robe (school will provide crowns)

Wise Men attendants - Dark top and trousers, coloured sash around waist

Angels – White/silver top & dark trousers (school will provide halos! and wings)

Stars - White/silver tops and dark trousers (school will provide star for face) →

Innkeepers - dark top and trousers, apron, headdress (cloth or tea towel)

Shepherds – dark top and trousers, robe or cloak, headdress (cloth or tea towel)

Mary – white dress/top and skirt, blue robe/cloak, headdress

Joseph - dark top and trousers, robe or cloak, headdress (cloth or tea towel)

Campers - woolly hats, scarves, coats



Kindness Calendar 2022

December Kindness 2022

MONDAY



5 Give a gift to someone who is homeless or feeling lonely

12 Be generous. Feed someone with food, love or kindness today

19 Contact someone who may be alone or feeling isolated

26 Get outside. Pick up litter or do something kind for nature

TUESDAY



6 Leave a positive message for someone else to find

13 See how many different people you can smile at today

20 Help others by giving away something that you don't need

27 Call a relative who is far away to say hello and have a chat

WEDNESDAY



7 Give kind comments to as many people as possible today

14 Share a happy memory or inspiring thought with a loved one

21 Appreciate kindness and thank people who do things for you

28 Be kind to the planet. Eat less meat and use less energy

THURSDAY

1 Spread kindness and share the December calendar with others

8 Do something helpful for a friend or family member

15 Contact an elderly neighbour and brighten up their day

22 Congratulate someone for an achievement that may go unnoticed

29 Turn off digital devices and really listen to people

FRIDAY

2 Contact someone you can't be with to see how they are

9 Notice when you're hard on yourself or others and be kind instead

16 Look for something positive to say to everyone you speak to

23 Choose to give or receive the gift of forgiveness

30 Let someone know how much you appreciate them and why

SATURDAY

3 Offer to help someone who is facing difficulties at the moment

10 Listen wholeheartedly to others without judging them

17 Give thanks. List the kind things others have done for you

24 Bring joy to others. Share something which made you laugh

31 Plan some new acts of kindness to do in 2023

SUNDAY

4 Support a charity, cause or campaign you really care about

11 Buy an extra item and donate it to a local food bank

18 Ask for help and let someone else discover the joy of giving

25 Treat everyone with kindness today, including yourself!



ACTION FOR HAPPINESS

Happier · Kinder · Together



Contacting School

As a school we value the importance of having open communication with you via phone, e-mail and School Spider. The following protocols are in place to support you get to the right member of staff to answer your enquiry.

If you are contacting the school regarding absence, illness or any other **urgent matter** then please call the school office on; **01829 752811** – the office staff will relay any messages to your child's class teacher or appropriate member of staff. **Please do not e-mail staff directly about absences as these need to be carefully recorded by the school office.**

All teachers can be contacted via e-mail. Our e-mail policy is that staff will respond as quickly as possible but would not be expected to respond **out of school hours or at weekends**. If you have an urgent message over the weekend or in holiday periods then you can e-mail me; principal@kelsall.cheshire.sch.uk

Office team – Mrs Goodlad, Mrs Christian	admin@kelsall.cheshire.sch.uk
Nursery – Miss Nixon	hayley.nixon@kelsall.cheshire.sch.uk
Reception – Miss Cadwallader	lois.cadwallader@kelsall.cheshire.sch.uk
Year 1 – Miss Pope	laura.pope@kelsall.cheshire.sch.uk
Year 2 – Mrs Ward	iola.woodward@kelsall.cheshire.sch.uk
Year 3 – Mr Sharp	duncan.sharp@kelsall.cheshire.sch.uk
Year 4 – Mr Duncanson	macauley.duncanson@kelsall.cheshire.sch.uk
Year 5 – Mr Ward	chris.ward@kelsall.cheshire.sch.uk
Year 6 – Mr Pickup	glenn.pickup@kelsall.cheshire.sch.uk
Mrs White - SENDCO	sarah.white@kelsall.cheshire.sch.uk
Mr Wearing	principal@kelsall.cheshire.sch.uk
Mrs Whiteside – Learning Mentor	sally.whiteside@kelsall.cheshire.sch.uk

Diary Dates

Monday 5 th December 22	Nursery – St Philips Visit
Wednesday 7 th December 22	Y2 –Hope Journey Christmas Service
Thursday 8 th December 22	PTA Christmas Disco
Tuesday 13 th December 22	Nursery Craft Afternoon
Wednesday 14 th December 22	Whole School Christmas Performance – 5:00 onwards
Thursday 15 th & Friday 16 th Dec	Class Silent Christmas Discos
Thursday 15 th December 22	Christmas Lunch
Friday 16th December 22	School Closes for CHRISTMAS
Tuesday 3 rd January 23	INSET Day – Staff ONLY
Wednesday 4th January 23	School opens for pupils

Attendance

Attendance at school is important both academically and for social/emotional reasons. Whilst we understand that pupils will be absent from time to time due to illness; absence from school for other reasons should only be for exceptional circumstances. As a school we look at each request for leave from school on a case by case basis.

Holidays taken in term time will be subject to a fine. Where **attendance** falls below **90%** for any pupil, we will contact you to discuss this and put in any additional support needed. Persistent absence can also result in a fixed fine.

Camp Curiosity

We continue to develop and enjoy our **Camp Curiosity** area and will be working on improving this area over the coming months. As a part of our growing relationship with **Gemma**, our outdoor learning expert, we will be offering a Camp Curiosity after school club (Tuesdays after Christmas) and **Camp Lyla, Let's Celebrate** for your birthday party needs! This will be on our school site; Saturdays, either 10:00-11:30 or 14:00-15:30. An hour and half party for **15** children to include craft/bushcraft activities alongside marshmallows and popcorn will be £100 which includes a £25 donation to our school which will be used for outdoor learning resources. Contact gemathome@me.com if you are interested in booking a party.



Before and After School Club

For working parents/carers, or those just needing some extra time in the day, Kelsall Club can help to ease the challenges. Fully qualified and trained staff care for the children in a safe and stimulating environment where children can socialise with their peers, engage in activities and have fun. Whether they wish to play games with their friends or just 'chill out' quietly after the school day, their needs will be catered for at the Club. Kelsall Club is open to all children from 3 – 11 years old.

Breakfast Club

- Operates Monday to Friday during term time
- Open from 7.30am – 8.40am
- Located in the school hall
- Children are offered a selection of healthy breakfast items
- **Cost £5.00 per session**

After School Club

- Operates Monday to Friday during term time
- Two sessions to provide flexibility to working families
- Children attending the early session are offered a selection of healthy snacks.
- Children attending the full session are offered a further healthy snack at 4.45pm.

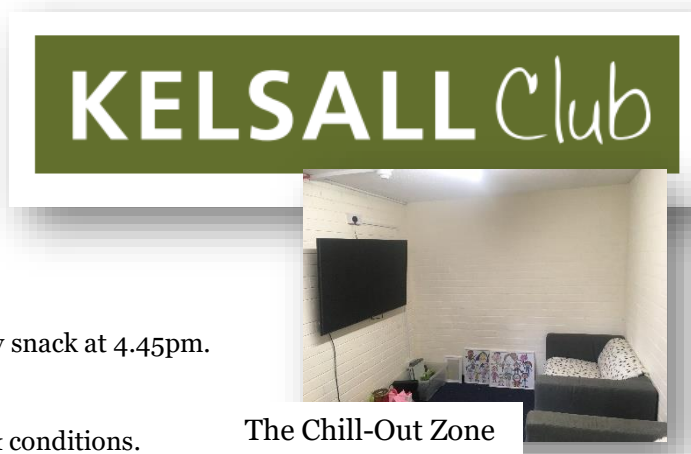
Early Session – from 3.15pm – 4.45pm • **Cost £6.00 per session**

Full Session – from 3.15pm – 6pm • **Cost £12.00 per session**

Payments are made in advance via ParentPay as per our terms & conditions.

To book onto club please contact;

Club Manager: Donna Dunn on 07572264215 (Please leave a voice message if there is no reply.) More information here: [Kelsall Primary School: Before and After School Club](#)





PTA Christmas Disco

The DISCO is back!! Thanks to our hard working PTA, we will be holding a Christmas Disco for KS1 and KS2 on **Thursday 8th November**.

KS1 (Reception, Y1 and Y2) – **5:00 – 6:00pm**

KS2 (Y3, 4, 5 & 6) – **6:10 – 7:10pm**

DJ Dave will be providing the tunes – lots of 80s and modern with a splash of Christmas. So, dress to impress and get practicing those dance moves.

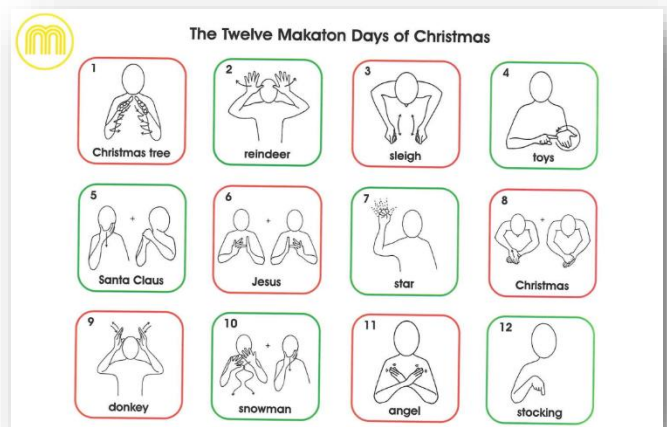
Makaton Sign of the Week

Thanks to **Mrs Crawford** for sending in our **Makaton** sign of the week for our Friday Flyer.

For more signs you can go to the Makaton website;

[Home\(makaton.org\)](http://Home(makaton.org))

Don't forget; the 'Fireside Nativity' Makaton versions here; [Fireside Nativity\(padlet.com\)](http://FiresideNativity(padlet.com))



Helpful approaches for a PDA profile of autism at Christmas

Christmas can be an overwhelming time for autistic people. We've put together some general suggestions of helpful approaches for PDA families & individuals.

www.pdasociety.org.uk

Perspective & Preparation

- Try not to let tradition or pressure from others determine your plans
- Redesign Christmas to work for your household
- Plan collaboratively with flexibility for plans to change as needed
- Incorporate lots of downtime and where possible continue usual routines and activities

Events & Gatherings

- Keep small, short & spaced out
- Make safe spaces & sensory support available
- Agree exit options

Festivities & Decorations

- Make the most of opportunities when they arise rather than at specific times and accept that some things can't be done

Gifts

- Make & share a wish list of gift ideas & delivery preferences e.g. stocking not in bedroom* or gifts placed somewhere rather than physically handed over
- Reduce uncertainty & overload e.g. say what gifts are coming, wrap in one parcel/clear cellophane or don't wrap, open gifts at a comfortable pace
- Consider giving one or more gifts early if waiting causes anxiety
- Reduce expectations around saying thank you for gifts

Food

- Put less focus on Christmas dinner
- Offer choice around where, when and what to eat
- Make familiar/preferred foods available

Traditions

- Traditions can feel like demands
- Creating your own family's routines, Christmas-themed or otherwise and with room for flexibility, can be helpful

Recognising & Reducing Anxiety

- Be aware of anxiety cues - it may not always 'look like' anxiety
- Sudden emotional changes can occur more frequently when anxiety is high
- Humour, rest & taking a break from Christmas-themed activities can be helpful
- Keep calm & try not to take anything personally
- Be aware of masking and how this affects anxiety later on
- Build in lots of recovery time and personalised regulating/calming activities

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The NEST

Our Nest is a superb sanctuary where pupils across school can be supported by our **ELSA (Emotional Literacy Support Assistant)** trained **Learning Mentor** – **Mrs Whiteside**. Our **Nest Padlet** shares a range of online resources - [The Nest\(padlet.com\)](http://TheNest(padlet.com)) supporting pupils mental health and well-being – *if you have any good sites that you think would be worth adding – please let us know.* **Top tip from Mrs Whiteside for this week is from the PDA Society.**

Christmas Cards

Our Christmas post box is now out and ready to receive cards for those that wish to send them. Please ensure that the recipient's **name and year group** is clearly marked on the front. Y6 Elves will sort and distribute the cards.



Has someone done something online that has made you or a child or young person you know, feel worried or unsafe? Click on the link to the left

Break time snacks

Please ensure that snacks for break are healthy – no crisps, sweets or chocolate please.

We are a **NUT FREE** school as many of our pupils have severe allergies – please **do not** send in snacks that contain nuts or nuts as snacks.

Fruit is always offered free of charge firstly to **Nursery & Reception** and then to the rest of the school.



Reindeer Dash!

Thanks for all of your sponsorship money – the children had a special visitor who gave out antlers before everyone had a go at running around our daily mile. A warm hot chocolate to finish the run and a chocolate reindeer to bring home



There are only
022 days 09 hours 57 mins 30 secs
until Christmas!

Be Curious, Creative and Kind.....**Mr Wearing, Mrs White and the Kelsall T.E.A.M**