



Friday Flyer – Friday 4th November 2022

Dear Parent,

A warm welcome back to Autumn Term 2. I hope that you all had a chance to enjoy the half-term break. Thanks to everyone for their warm wishes, cards and lovely gifts to mark my birthday before the break – a very special day!

The NEST

Congratulations to Mrs Whiteside who has achieved the Level 4 Award in Supporting Children & Young People with Social, Emotional and Mental Health Needs. Mrs Whiteside continues to research, attend courses and develop the Nest provision so that our pupils, parents and staff have access to high quality social and emotional support. There are lots of ideas to support your own and your child's mental health and well-being on our Padlet site; [The Nest \(padlet.com\)](https://www.padlet.com)

New Ways November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">7 Be creative. Cook, draw, write, paint, make or inspire</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">14 Find a new way to help or support a cause you care about</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">21 Learn a new skill from a friend or share one of yours with them</div> <div style="background-color: #fff3cd; padding: 5px;">28 Discover your artistic side. Design a friendly greeting card</div>	<div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">1 Make a list of new things you want to do this month</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">8 Plan a new activity or idea you want to try out this week</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">15 Build on new ideas by thinking "Yes, and what if..."</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">22 Find a new way to tell someone you appreciate them</div> <div style="background-color: #d1ecf1; padding: 5px;">29 Enjoy new music today. Play, sing, dance or listen</div>	<div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">2 Respond to a difficult situation in a different way</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">9 When you feel you can't do something, add the word "yet"</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">16 Look at life through someone else's eyes and see their perspective</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">23 Set aside a regular time to pursue an activity you love</div> <div style="background-color: #d1ecf1; padding: 5px;">30 Look for new reasons to be hopeful, even in tough times</div>	<div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">3 Get outside and observe the changes in nature around you</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">10 Be curious. Learn about a new topic or an inspiring idea</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">17 Try a new way to practice self-care and be kind to yourself</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">24 Share with a friend something helpful you learned recently</div>	<div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">4 Sign up to join a new course, activity or online community</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">11 Choose a different route and see what you notice on the way</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">18 Connect with someone from a different generation</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">25 Use one of your strengths in a new or creative way</div>	<div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">5 Change your normal routine today and notice how you feel</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">12 Find out something new about someone you care about</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">19 Broaden your perspective: read a different paper, magazine or site</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">26 Try out a different radio station or new TV show</div>	<div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">6 Try out a new way of being physically active</div> <div style="background-color: #d1ecf1; padding: 5px; margin-bottom: 5px;">13 Do something playful outdoors – walk, run, explore, relax</div> <div style="background-color: #fff3cd; padding: 5px; margin-bottom: 5px;">20 Make a meal using a recipe or ingredient you've not tried before</div> <div style="background-color: #fff3cd; padding: 5px;">27 Join a friend doing their hobby and find out why they love it</div>







ACTION FOR HAPPINESS

Happier · Kinder · Together

SchoolSpider

As a school we've been using our PING communication app for some time now and it has proved really successful. There is a substantial cost to school for this service and the company that has provided our school website for a number of years now offers this service to us for free. We will save £2000 per year by switching to use **School Spider** for our communications to you.

The office will have been in touch notifying you all of this. Please do download the School Spider app and login in – you may already be used to this as we use it to book after school clubs. **We are now ONLY using the School Spider app. – please remove PING from your phone.**

FLU VACCINATIONS

Our Flu Vaccinations will take place on **Thursday 10th November**. You will need to give your consent by **Tuesday 8th November**.

Before and After School Club

For working parents/carers, or those just needing some extra time in the day, Kelsall Club can help to ease the challenges. Fully qualified and trained staff care for the children in a safe and stimulating environment where children can socialise with their peers, engage in activities and have fun. Whether they wish to play games with their friends or just 'chill out' quietly after the school day, their needs will be catered for at the Club. Kelsall Club is open to all children from 3 – 11 years old.

Breakfast Club

- Operates Monday to Friday during term time
- Open from 7.30am – 8.40am
- Located in the school hall
- Children are offered a selection of healthy breakfast items
- **Cost £5.00 per session**

After School Club

- Operates Monday to Friday during term time
- Two sessions to provide flexibility to working families
- Children attending the early session are offered a selection of healthy snacks.
- Children attending the full session are offered a further healthy snack at 4.45pm.

Early Session – from 3.15pm – 4.45pm • **Cost £6.00 per session**

Full Session – from 3.15pm – 6pm • **Cost £12.00 per session**

Payments are made in advance via ParentPay as per our terms & conditions.

To book onto club please contact;

Club Manager: Donna Dunn on 07572264215 (Please leave a voice message if there is no reply.) More information here: [Kelsall Primary School: Before and After School Club](#)

Internet Safety

Visit our E-safety padlet for hints and helpful tips for navigating the vast array of apps that our children are using.

Click here - -> [E-Safety \(padlet.com\)](#)

I have also attached the latest edition of Digital Parenting that you can read online here; [Digital Parenting | Vodafone](#)

CEOPS is the Child Exploitation and Online Protection command agency.

If you are worried about online sexual abuse or the way someone has been communicating with you online, you can make a report at the CEOP website.

<https://www.ceop.police.uk/safety-centre/>

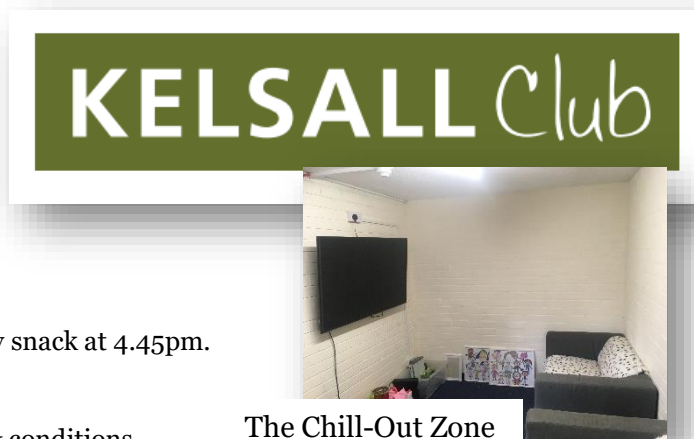
There is also a wealth of information about keeping your child safe online. Our RSE curriculum ensures that children learn about e-safety at school and we ask that you follow this up by chatting to your child at home.

Internet Matters has a huge range of advice from social media settings to home filtering. I would start with this website: <https://www.internetmatters.org/>

Think you Know (Think U Know) is dedicated to educating young people and parents on the dangers of the internet:

<https://www.thinkuknow.co.uk/>

The Safer Internet Centre is also a good place for information: <https://saferinternet.org.uk/>



Has someone done something online that has made you or a child or young person you know, feel worried or unsafe? Click on the link to the left

Attendance

Attendance at school is important both academically and for social/emotional reasons. Whilst we understand that pupils will be absent from time to time due to illness; absence from school for other reasons should only be for exceptional circumstances.

As a school we look at each request for leave from school on a case by case basis.

Holidays taken in term time will be subject to a fine. Where **attendance** falls below **90%** for any pupil, we will contact you to discuss this and put in any additional support needed. Persistent absence can also result in a fixed fine.

Anti-Bullying Week –w/b - Monday 14th November

We will be marking the start of Anti-Bullying week (**Monday 14th November**) with an **Odd Socks Day**. It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! There is no pressure to wear the latest fashion or to buy expensive socks. All you have to do to take part is wear odd socks to school. During the week, assemblies will focus on anti-bullying and activities in class will support pupils to understand what bullying is, how to share their worries with adults and how to build successful relationships with their peers.



Cheshire Falconry

Year 2 had an owltaastic afternoon yesterday. They met lots of species of owl and learnt all about their appearance, diets and behaviour. This brought to life their Pathways to Write class book for this half-term; **The Owl who was afraid of the dark**. Thanks to the team at Cheshire Falconry for bringing along their fantastic feathered friends and to Mrs Ward for organising a lovely, informative afternoon for the Y2 class.



Diary Dates

Wednesday 9 th November 22	Year 5 – Playground Leaders Training
9 th & 10 th November 22	Year 6 – Hope Journey - Remembrance
Thursday 10 th November 22	Flu Vaccinations – Reception to Year 6
Friday 11 th November 22	Mr Wearing to CWAPH (Cheshire West Association of Primary Heads) Conference
Thursday 1 st & Friday 2 nd Dec 22	Y5 – Bikeability (last two sessions)
Friday 2 nd December 22	Santa Claus Breakfast and Reindeer Dash
Wednesday 7 th December 22	Y2 – Hope Journey Christmas Service
Thursday 8 th December 22	PTA Christmas Disco
Wednesday 14 th December 22	Whole School Christmas Performance – 5:00 onwards
Thursday 15 th & Friday 16 th Dec	Class Silent Christmas Discos
Thursday 15 th December 22	Christmas Lunch
Friday 16th December 22	School Closes for CHRISTMAS
Tuesday 3 rd January 23	INSET Day – Staff ONLY
Wednesday 4th January 23	School opens for pupils

Be Curious, Creative and Kind.....

Mr Wearing, Mrs White and the Kelsall T.E.A.M