



Kelsall Primary & Nursery School
Flat Lane, Kelsall
Cheshire
CW6 0PU
Tel 01829 752811
website: www.kelsall.cheshire.sch.uk

Principal: Mr David Wearing
B.Ed. (Hons.), N.P.Q.H.
principal@kelsall.cheshire.sch.uk
Vice Principal: Mrs Sarah White
'A Love for Learning'

Friday Flyer – 16th September 2022

Dear Parent,

A reminder that this coming **Monday 19th September** is a **Bank Holiday**. School will be closed and will re-open on **Tuesday 20th September**.

Staff News

I am delighted to let you know **Mrs Ward** is expecting her second child early in 2023. **Mrs Hook** and **Mrs White** will take the **Y2** class when Mrs Ward is on her maternity leave. Both Mrs Hook and Mrs White have a wealth of experience teaching Y2.

Contacting School

As a school we value the importance of having open communication with you via phone, e-mail and PING. The following protocols are in place to support you get to the right member of staff to answer your enquiry.

If you are contacting the school regarding absence, illness or any other **urgent matter** then please call the school office on; **01829 752811** – the office staff will relay any messages to your child's class teacher or appropriate member of staff.

All teachers can be contacted via e-mail. Our e-mail policy is that staff will respond as quickly as possible but would not be expected to respond out of school hours or at weekends. If you have an urgent message over the weekend or in holiday periods then you can e-mail me; principal@kelsall.cheshire.sch.uk

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| Office team – Mrs Goodlad, Mrs Christian | admin@kelsall.cheshire.sch.uk |
| Nursery – Miss Nixon | hayley.nixon@kelsall.cheshire.sch.uk |
| Reception – Miss Cadwallader | lois.cadwallader@kelsall.cheshire.sch.uk |
| Year 1 – Miss Pope | laura.pope@kelsall.cheshire.sch.uk |
| Year 2 – Mrs Ward | iola.woodward@kelsall.cheshire.sch.uk |
| Year 3 – Mr Sharp | duncan.sharp@kelsall.cheshire.sch.uk |
| Year 4 – Mr Duncanson | macauley.duncanson@kelsall.cheshire.sch.uk |
| Year 5 – Mr Ward | chris.ward@kelsall.cheshire.sch.uk |
| Year 6 – Mr Pickup | glenn.pickup@kelsall.cheshire.sch.uk |
| Mrs White - SENDCO | sarah.white@kelsall.cheshire.sch.uk |
| Mr Wearing | principal@kelsall.cheshire.sch.uk |
| Mrs Whiteside – Learning Mentor | sally.whiteside@kelsall.cheshire.sch.uk |

Routines

Doors for school will open at **8:40am** and gates will close **promptly at 8:55am**. Nursery pupils should use the Nursery entrance and start at 9:00am.

It is important that pupils arrive on time to enable them to settle into class and complete handwriting, spelling and maths activities before registration.

School closes at **3pm** for Nursery, **3.10pm** for Reception, Y1, Y2 & Y3 and **3:15pm** for Y4, Y5 & Y6. Again, please be on time – gates will close at **3:20 pm** promptly and children will be taken into after school club if you are late as teachers have clubs and after school commitments. There may be a charge incurred for after school club.

Please do not allow children to play on or with equipment before and after school.

Breaktime snacks

Please ensure that snacks for break are healthy – no crisps, sweets or chocolate please. We are a **NUT FREE** school as many of our pupils have severe allergies – please **do not** send in snacks that contain nuts or nuts as snacks. Fruit is always offered free of charge firstly to **Nursery & Reception** and then to the rest of the school.



The NEST

Our Nest is a superb sanctuary where pupils across school can be supported by our **ELSA** (Emotional Literacy Support Assistant) trained **Learning Mentor** – **Mrs Whiteside**. Our **Nest Padlet** shares a range of online resources – [The Nest \(padlet.com\)](https://www.thenestpadlet.com) supporting pupils mental health and well-being – *if you have any good sites that you think would be worth adding – please let us know.*

In each Friday Flyer, Mrs Whiteside will sign post you to some valuable resources.

This week, we look at responding to your child at the end of the school day;

| | | | | |
|---|--|--|---|--|
| <p>After School</p> <p>The little things we might forget to plan that can make a whole lot of difference</p> <p><small>@dr.martha.psychologist</small></p> | <p>ROUTINES & RITUALS</p> <p>Routine and rituals are not just for preparing to 'let go'. They help bring calm and connection after school too.</p> <p>Whether it is a greeting that is unique to you, a nickname, or a little game that you play - doing the same thing every day after school can help your child shift their brain from 'school mode' to 'family time'.</p> | <p>SNACKS AND DRINKS</p> <p>Something to eat and/or drink can help to overcome some of the 'after school tiredness' children feel in their bodies, heads and tummies.</p> <p>It gives them a little energy boost and allows them to get ready for the evening to come.</p> <p>This is true no matter what age your child is!</p> | <p>FOCUS ON GROUNDING</p> <p>School is draining physically and emotionally for ALL children, but particularly if your child has a neurodivergent brain, they may struggle with the sensory input they have had to cope with. You may witness this in outbursts of meltdowns and/or tearfulness and irritability.</p> <p>Some children benefit from running around and others may need some quiet time in a dimmed lit room. Take your child's lead and be aware that different days carry different needs.</p> | <p>LEAVE THE TALKING TO LAST</p> <p>Sometimes getting more than one word answer from your child will feel like pulling teeth!</p> <p>Try not to question your child about school straight away. Let them eat, play, rest and connect with you.</p> <p>Mealtimes or during bath time together is a good time to start these conversations.</p> |
| <p>CONVERSATION STARTERS</p> <p>Rather than ask questions about your child, model what it sounds like to talk about your day. Talk about something real, something that has made you laugh, surprised you, reminded you of them, someone you have thought of or spoken to, what you had for lunch, how you felt today...</p> <p>Sharing your day makes it more likely they will join you in the conversation and share about theirs.</p> | <p>'WHAT' QUESTIONS</p> <p>Avoid starting questions with "Did", which elicits yes/no answers or "Why", which can shut down the conversation.</p> <p>"What" questions show your child that you're interested in their day, and may lead to a more open conversation.</p> <p>What did.... share with you today? What made you laugh today? What was your favourite thing that happened today? What subject was the most interesting today? What did you enjoy most about today?</p> | <p>TALK ABOUT EMOTIONS</p> <p>Try asking about a range of different emotions. This helps children identify and label different emotional responses, and teaches them that each day is filled up with lots of LITTLE MOMENTS, and emotions come and go.</p> <p>What was something frustrating that happened to you today? What was something that was difficult for you, but you did it anyway? Was there a time that you felt lonely? And what did you do about it? Were you feeling sad today? What happened to make you feel better?</p> | <p>IT'S THE LITTLE THINGS...</p> <p>When we are tired after work and there are so many 'jobs' to do before the bedtime routine begins it can feel hard to protect time to talk, connect and just 'be with' your child.</p> <p>If you simply cannot fit it in - that's ok No harm will come to your child!</p> <p>And when you can take the time to create space to share and connect together, it allows you to witness the small stuff that creates space for the big stuff to show up when it needs to.</p> | |

Before and After School Club

For working parents/carers, or those just needing some extra time in the day, Kelsall Club can help to ease the challenges. Fully qualified and trained staff care for the children in a safe and stimulating environment where children can socialise with their peers, engage in activities and have fun. Whether they wish to play games with their friends or just 'chill out' quietly after the school day, their needs will be catered for at the Club. Kelsall Club is open to all children from 3 – 11 years old.

Breakfast Club

- Operates Monday to Friday during term time
- Open from 7.30am – 8.40am
- Located in the school hall
- Children are offered a selection of healthy breakfast items
- **Cost £5.00 per session**

After School Club

- Operates Monday to Friday during term time
- Two sessions to provide flexibility to working families
- Children attending the early session are offered a selection of healthy snacks.
- Children attending the full session are offered a further healthy snack at 4.45pm.

Early Session – from 3.15pm – 4.45pm • **Cost £6.00 per session**

Full Session – from 3.15pm – 6pm • **Cost £12.00 per session**

Payments are made in advance via ParentPay as per our terms & conditions.

To book onto club please contact;

Club Manager: Donna Dunn on 07572264215 (Please leave a voice message if there is no reply.) More information here: [Kelsall Primary School: Before and After School Club](#)

KELSALL Club



The Chill-Out Zone

Internet Safety

Please visit our E-safety padlet for hints and helpful tips for navigating the vast array of apps that our children are using. Click here - -> [E-Safety \(padlet.com\)](https://www.e-safety.padlet.com/)
I have also attached the latest edition of Digital Parenting that you can read online here; [Digital Parenting | Vodafone](https://www.digitalparenting.co.uk/)
CEOPS is the Child Exploitation and Online Protection command agency. If you are worried about online sexual abuse or the way someone has been communicating with you online, you can make a report at the CEOP website.

<https://www.ceop.police.uk/safety-centre/>

There is also a wealth of information about keeping your child safe online. Our RSE curriculum ensures that children learn about e-safety at school and we ask that you follow this up by chatting to your child at home. Internet Matters has a huge range of advice from social media settings to home filtering. I would start with this website: <https://www.internetmatters.org/>

Think you Know (Think U Know) is dedicated to educating young people and parents on the dangers of the internet: <https://www.thinkuknow.co.uk/>

The Safer Internet Centre is also a good place for information: <https://saferinternet.org.uk/>

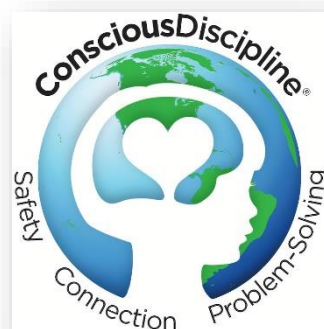


Conscious Discipline Parent Workshop

Mrs White will be leading a Conscious Discipline Parent Workshop on Thursday **13th October 22 5:00pm – 6:00pm**. The session will be an opportunity to ask questions in the chat and find out more about our approach to supporting behaviour in school; some ideas that may be useful at home too.

More information about our approach here:

[Kelsall Primary School: Conscious Discipline#](#)



Camp Curiosity

Reception and Y1 enjoyed their first outdoor learning in Camp Curiosity with Gemma. They found elder berries, collected, cleaned and mashed to make a lovely jam that they tried on hot toast (made over the camp fire). See the timetable below for when your child will be having Camp Curiosity sessions this half term. They will need old outdoor clothes and shoes.

| Gemma –CAMP CURIOSITY | | |
|------------------------------------|-----------------|-----------|
| | Morning | Afternoon |
| Tuesday 13 th September | Reception | 1 |
| Tuesday 20 th September | Parent Help Day | |
| Tuesday 27 th September | 2 | 3 |
| Tuesday 4 th October | 5 | 4 |
| Tuesday 11 th October | 6 | Reception |
| Tuesday 18 th October | Nursery | 1 |
| Tuesday 1 st November | 2 | 3 |
| Tuesday 8 th November | 5 | 4 |
| Tuesday 15 th November | 6 | Reception |
| Tuesday 22 nd November | Nursery | 1 |
| Tuesday 29 th November | 2 | 3 |
| Tuesday 6 th December | 5 | 4 |
| Tuesday 13 th December | 6 | Reception |



Tennis

This term we welcome John, our professional Tennis coach who will be coaching each class on alternate Fridays this term. The children are really enjoying the sessions and are improving on their skill each session.



Calm Zone

We have almost completed the decking area in our Calm Zone and Mrs White has worked with the pupils to establish some calm activities that can be accessed at breaks and lunchtime for those that prefer a quieter area away from football and basketball. We are continuing to develop this area – anyone who is free and is a dab hand at decking – please get in touch!

Activities for the **Calm Zone** which will be supervised by staff are;

| | | |
|------------------|-----------------------|--------------------------------------|
| Monday | Playdough | Every Day |
| Tuesday | Mini-Beasts | Bring reading book out |
| Wednesday | Gardening | Paper/pencils |
| Thursday | Zen Sand Trays | Mindful forest school activity cards |
| Friday | Lego/Small World Play | |

Buddies

It has been lovely to see our Y6 pupils supporting their Reception class buddies over the past week. The buddy support system is an important part of our ethos; nurturing caring, kind and mutually respectful relationships.



Diary Dates – 2022-2023 *Please note some change due to Bank Holiday*

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|---|--|
| Tuesday 20 th September 22 | Meet the Teacher Y2 (3:15 – 3:45) |
| Wednesday 21 st September 22 | Meet the Teacher Y1 (3:15 – 3:45) Re-arranged due to Bank Holiday |
| Thursday 22 nd September 22 | Meet the Teacher Y3 and Y4 (3:15 – 3:45) |
| Friday 23 rd September 22 | Family Picnic & Macmillan Coffee Event |
| w/b 26 th September 22 | Baseline Assessment Week |
| Monday 26 th September 22 | Meet the Teacher Y5 (3:15 – 3:45) Re-arranged due to Bank Holiday |
| Monday 26 th September 22 to Friday 25 th November 22 | School led After School Clubs to start (will not run w/b 17/10/22 due to Parent's Evenings) |
| Tuesday 27 th September 22 | SEND at Kelsall – Information session for parents 3:30 – 4:30 |
| Tuesday 4 th October 22 | SCiE Team Health Check for Kelsall |
| Thursday 13 th October 22 | Conscious Discipline Workshop for parents – 5pm to 6pm |
| Wednesday 19 th October 22 | Romeo and Juliet Workshops (Storyhouse) |
| Wednesday 19 th October 22 | Parent's Evenings |
| Thursday 20 th October 22 | Tempest Individual Photos |
| Friday 21 st October 22 | Share the Learning Afternoon – 2:00pm to 3:00pm |
| Friday 21 st October 22 | School Closes for HALF TERM |
| Monday 31 st October 22 | INSET Day – Staff ONLY |
| Tuesday 1 st November 22 | School opens for pupils |
| Friday 16 th December 22 | School Closes for CHRISTMAS |
| Tuesday 3 rd January 23 | INSET Day – Staff ONLY |
| Wednesday 4 th January 23 | School opens for pupils |
| Friday 17 th February 23 | School Closes for SPRING HALF TERM |
| Monday 27 th February 23 | School opens for pupils |
| Friday 31 st March 23 | School Closes for EASTER BREAK |
| Monday 17 th April 23 | School opens for pupils |
| Monday 1 st May 23 | MAY DAY – School closed |
| Tuesday 2 nd May 23 | School opens for pupils |
| Friday 26 th May 23 | School Closes for HALF TERM |
| Monday 5 th June 23 | INSET Day – Staff ONLY |
| Tuesday 6 th June 23 | School opens for pupils |
| Friday 21 st July 23 | School Closes for SUMMER HOLIDAYS |
| Monday 4 th September | School opens for pupils |

Thanks for your continued support...

Kind Regards – Be Curious, Creative and Kind.....

Mr Wearing, Mrs White and the Kelsall T.E.A.M



Has someone done something online that has made you or a child or young person you know, feel worried or unsafe? Click on the link to the left