



Friday Flyer – 13th October 2023

Dear Parent,

We are into our final two weeks of a busy half term. I hope that the Friday Flyer has provided you with lots of informative news about our amazing Kelsall Crew. If you have any suggestions or additions for the newsletter then please let me know; principal@kelsall.cheshire.sch.uk

Flu Vaccinations

Our **nasal flu spray vaccinations** are taking place at school on;

Wednesday 8th November 2023

A letter has been sent via Schoolspider with a code that will give you access to an **online consent form**. Please note that this form will close two days before our vaccinations. If you do not complete the consent form in time, the nasal spray will not be able to be administered by the visiting nurses.

Storyhouse & Camp Curiosity

Wednesdays	Lottie – STORYHOUSE				Tuesdays	Gemma – CAMP CURIOSITY	
	9:15-10:30	10:45-11:45	1:15-2:00	2:00-3:00		Morning	Afternoon
18 th October	Nursery	Reception	1	2	17 th Oct	Reception	4
25 th October	6	5	4	3			



5 reasons to get your child vaccinated

1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

Supporting parents with anxious children

Workshop

This is an entirely parenting-based approach to managing anxiety in young people. It is based on evidence that anxious children benefit substantially from a parenting style that is clear, calm and consistent.

The group aims to explore the role of anxiety within a family and how it develops. It is run weekly over a 5 week period.

- Building on relationships with anxious children
- Children's anxiety and modelling behaviours
- Positive sleep routine
- Using clear boundaries to support an anxious young person.
- Worry management

For more information, please contact lianne@healthboxcic.com

HEALTHBOX
COMMUNITY WELLBEING SERVICES

Sleep Tight Workshop

The Sleep Tight Workshop has been designed to support children, young people and families to get a good nights sleep.

This programme runs over a **three week period** for **parents only**. Various sleep topics are covered including:

- Looking at sleep deprivation and sleep cycles.
- Causes of sleep issues.
- Identifying and managing sleep problems.
- Building positive bedtime routines.

During the workshop you will have the opportunity to **record & develop your families' sleep routines!**



HEALTHBOX
COMMUNITY WELLBEING SERVICES



Healthbox Workshops

We now have dates booked in for our 'Supporting parents with anxious children' workshop; **Mondays - 15th, 22nd, 29th Jan, 5th, 12th Feb - 9.00am-11.00am**. Thanks to those that completed the survey. Mrs Whiteside will be in touch with more details. A further survey has been sent to ask about interest in our 'Sleep Tight Workshop'; A 3 week course for parents to support good sleep hygiene. Each session is 1 1/2 hours long and we would need a minimum of 6, maximum of 10 parents. It is open to parents with children of any age.

If you would like more information you can find lots here; [SCHOOL PROGRAMMES](#) | [HealthboxCIC](#).

Thanks to Mrs Whiteside for organising these events for our Kelsall Crew.

WE ARE KELSALL CREW

No passengers • No one left behind

Attendance Matters

Attendance at school is **important** both academically and for social/emotional reasons. Whilst we understand that pupils will be absent from time to time due to illness; absence from school for other reasons should only be for exceptional circumstances. As a school we look at each request for leave from school on a case by case basis.

Holidays taken in term time will be subject to a fine. Where **attendance** falls below **90%** for any pupil, **we will contact you** to discuss this and put in any additional support needed. Persistent absence can also result in a fixed fine.

Make Everyday Matter at Kelsall Primary & Nursery School

Kelsall Primary & Nursery School is committed to providing the best educational experience for all children and good **attendance and punctuality** is critical to this outcome.

Each academic year has **190 school days**, this leaves **175 non-school days** for family time, holidays, visits and appointments. If a pupil is absent for just **1 day** each term that equals **6 days or 39 hours** a year of lost learning.

Attendance at school enables us all to build a strong crew and to strengthen our learning powers. Our overall attendance for whole school is currently **97%** which is **1.7% above** the national figure and **1.8%** above other North West schools – let's all work on keeping this figure above **97%**.

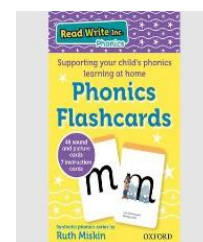
	Kelsall	North West
Oak Crew (Reception)	96.9%	94.7%
Beech Crew (Year 1)	96.2%	95.1%
Ash Crew (Year 2)	97.2%	95.5%
Maple Crew (Year 3)	96.1%	95.6%
Elm Crew (Year 4)	97.6%	95.4%
Willow Crew (Year 5)	96.5%	95.2%
Cedar Crew (Year 6)	98.1%	95%

EVERYday
counts
attendance matters



Phonics

Thanks to all of the parents who attended our Phonics Evening this week. I hope you found it useful. Thanks to Miss Pope for organising. This website [Parent guide to Read Write Inc. Phonics - Oxford Owl](#) has a range of useful resources that will support all parents who have children in Nursery, Reception, Year 1 and Year 2 with their phonics.



Crew!

A huge well done to **Ayla** (Elm Crew Y4) for her amazing support at the MBNA Chester Marathon last weekend. Her 'Crew' shirt reminded Ayla about our **Kelsall Crew** and she shared her thoughtful act in assembly. Giving out over 50 bottles of water to the tired runners was a really kind act – well done Ayla. I know you've inspired others to think about how they might support their communities.



Cheshire Phoenix Basketball



The next home game for Cheshire Phoenix is this Sunday 15th October at the EPSV (Ellesmere Port Sports Village) – **6pm tip off**. Herbie and Otto will be utilising our season ticket this week. Be great to see some of you there cheering on the team against Manchester Giants!

Click here to find out more about the team and to purchase tickets for the games;

[Cheshire Phoenix – Basketball Club](#)



Cross Country – Y3/4 Crew

Well done to our Y3/4 Cross Country Team who all ran brilliantly yesterday at Tarporley High School. **Rustin** came **2nd** and **Thomas** came in **3rd** place – a superb attendance and attitude from Maple & Elm Crew. Well done Harry, Blair, Jack, Eleanor, Neve, Martha, Grace, Leon and Jacob too.

Break time snacks

Please ensure that snacks for break are healthy – no crisps, sweets or chocolate please.

We are a **NUT FREE** school as many of our pupils have severe allergies – please **do not** send in snacks that contain nuts or nuts as snacks.

Fruit is always offered free of charge firstly to **Nursery & Reception** and then to the rest of the school.



We are Kelsall Crew!

Since the start of term, we have all worked hard to develop our **Kelsall Crew** ethos. The idea of 'Crew' is one that has close links to Kurt Hahn's five pillars when he created Outward Bound in 1941. These pillars are; an enterprising **curiosity**, an indefatigable **spirit**, **tenacity** in pursuit, readiness for **sensible self-denial** and above all, **compassion**. These aren't phrases we use every day. But at Kelsall we base our practices around Hahn's Five Pillars. Our aim is to help young people to learn these qualities and use them in the real world.

We have developed our **HoWLs Habits of Work & Learning** to incorporate much of the philosophy of Hahn and to support our ethos of creating '**A Love for Learning**'

Be **Curious**: Mastering knowledge and skills

I trust my Crew and contribute fully

I take responsibility for my learning - asking questions, using resources and seeking help when needed.

I grapple with learning, showing courage and grit.

I learn without limits.



Be **Kind**: Growing good character

I communicate politely and respect **Everybody**.

I work cooperatively - listening, taking turns, sharing ideas.

I take care of resources and materials, acting as a steward of our school.

I know the difference between right and wrong.

I resolve any problems peacefully.

Be **Creative**: Work well to produce high quality work

I welcome feedback and critique and revise my work to improve it

I can give kind, specific and helpful feedback to my Crew.

I complete my work to the best of my capabilities.

I take pride in producing beautiful work.

Be Curious, Creative & Kind.

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No passengers • No one left behind



Cedar Crew (Y6) Friday Check-Out

Internet Safety

Thanks to **Mr Sharp** for his hard work developing **E-safety and Computing** at Kelsall. The website link below has a range of support and guides to support you with navigating the tricky world wide web, apps and social media. It only takes a minute to create an account to access some superb resources. If you would like a physical copy of the latest 'Digital Parenting' booklet then please ask at the school office.

<https://nationalonlinesafety.com/guides>

Visit our E-safety padlet for hints and helpful tips for navigating the vast array of apps that our children are using.

Click here - -> [E-Safety \(padlet.com\)](https://padlet.com/E-Safety)

I have also attached the latest edition of Digital Parenting that you can read online here; [Digital Parenting | Vodafone](https://vodafone.co.uk/digitalparenting)

CEOPS is the Child Exploitation and Online Protection command agency.

If you are worried about online sexual abuse or the way someone has been communicating with you online, you can make a report at the CEOP website.

<https://www.ceop.police.uk/safety-centre/>

There is also a wealth of information about keeping your child safe online. Our RSE curriculum ensures that children learn about e-safety at school and we ask that you follow this up by chatting to your child at home.

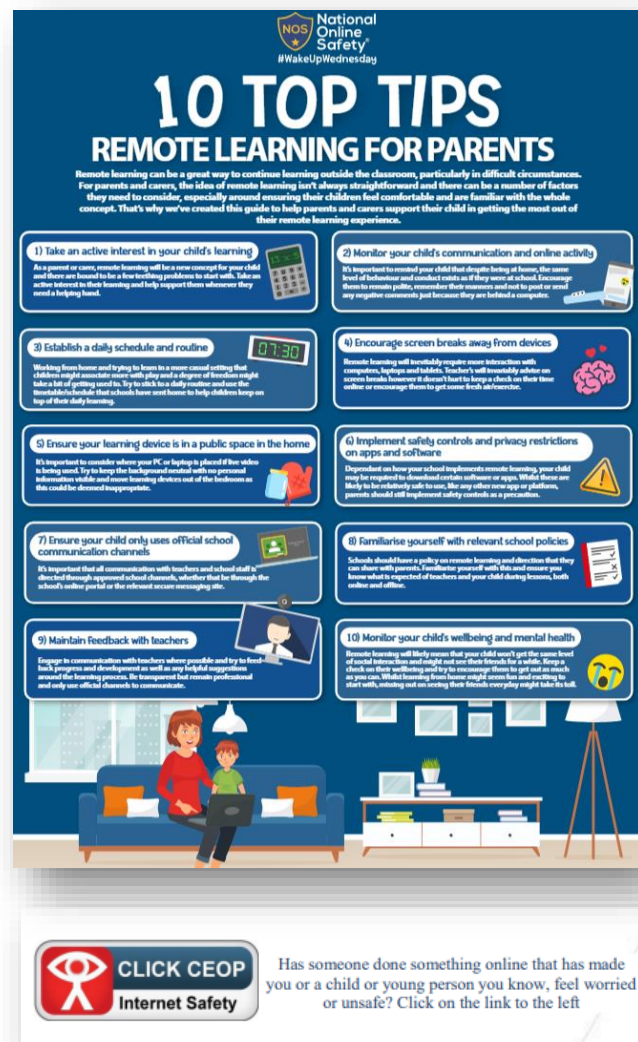
Internet Matters has a huge range of advice from social media settings to home filtering. I would start with this website:

<https://www.internetmatters.org/>

Think you Know (Think U Know) is dedicated to educating

young people and parents on the dangers of the internet: <https://www.thinkuknow.co.uk/>

The Safer Internet Centre is also a good place for information: <https://saferinternet.org.uk/>



Diary Dates – 2023-2024

Wednesday 18 th October 23	Parent's Evenings
Thursday 19 th October 23	
Monday 23 rd October 23	PTA AGM (Annual General Meeting) – All Welcome
Friday 27 th October 23	Share the Learning Afternoon – 2:00pm to 3:00pm
Friday 27 th October 23	Last day of term.
Monday 6 th November 23	INSET Day – Staff ONLY
Tuesday 7 th November 23	School opens for pupils
Monday 13 th November 23	Conscious Discipline Workshop for Parents
Monday 27 th November 23	Curriculum Information Session for Parents
Friday 8 th December 23	Share the Learning Afternoon – 2:00pm to 3:00pm
Tuesday 12 th December 23	KS1 Nativity
Wednesday 13 th December 23	KS2 Carols round the Christmas Tree
Friday 15 th December 23	School Closes for CHRISTMAS

Be Curious, Creative & Kind

Mr Wearing, Mrs White and the Kelsall Crew

