



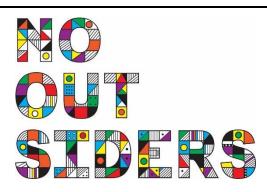
'A Love for Learning'

**Kelsall Primary & Nursery School** 

**RSE Overview** 







At Kelsall Primary & Nursery School we want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why all pupils will be taught Relationships Education, RSE and Health Education. These subjects are designed to equip children with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

We have chosen to use a quality assured scheme of work – The Christopher Winter Project - as well as the No Outsiders ethos to support pupils understanding of RSE. This is delivered in a way to be developmentally appropriate and sensitive to the needs and religious background of its pupils. The CWP resource encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends. In Reception we focus on families and friendships. From Year 1 children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help. The curriculum continues to develop their knowledge and skills as they learn about the physical and emotional changes of puberty and about reproduction.



#### **Relationships Education**

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Children will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, children will learn how to treat each other with kindness, consideration and respect. By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

#### **Health Education**

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

The texts and themes our teachers use to deliver our RSE can be seen below;

# **CWP Curriculum Overview**

reception

year 1

year 2

year 3

year

year 5

year 6

Additional

# Reception Family and Friendship

**Lesson 1: Caring Friendships** 

Lesson 2: Being Kind Lesson 3: Families

Year 1

Growing and Caring For Ourselves

**Lesson 1: Different Friends** 

**Lesson 2: Growing & Changing** 

**Lesson 3: Families & Care** 

# Year 2 Differences

**Lesson 1: Differences** 

**Lesson 2: Male & Female Animals** 

**Lesson 3: Naming Body Parts** 

# Year 3 Valuing Difference and Keeping Safe

**Lesson 1: Body Differences** 

**Lesson 2: Personal Space** 

**Lesson 3: Help and Support** 

Year 4 Growing Up

**Lesson 1: Changes** 

**Lesson 2: What is Puberty?** 

**Lesson 3: Healthy Relationships** 

Year 5 Puberty

**Lesson 1: Talking about Puberty** 

**Lesson 2: The Reproductive System** 

**Lesson 3: Help and Support** 

## Year 6

Puberty, Relationships & Reproduction

**Lesson 1: Puberty & Reproduction** 

**Lesson 2: Communication in Relationships** 

**Lesson 3: Families, Conception & Pregnancy** 

**Lesson 4: Online Relationships** 

Additional Folder Year 5/6

Unit 1: FGM

**Unit 2: Respect and Equality** 



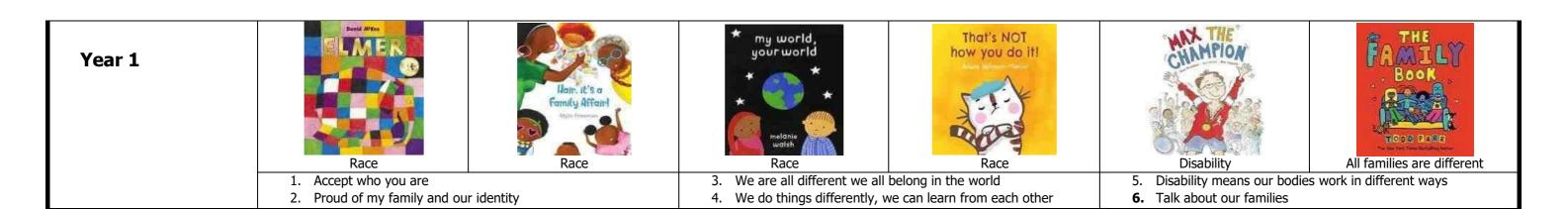
	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Learning	Know that	Know that we	Understand that	Know and respect	Understand that	Explain the main	Describe how and
Outcomes	friendships can	can be friends	some people have	the body	puberty is an	physical and	why the body
	make us feel	with people who	fixed ideas about	differences	important stage in	emotional changes	changes during
Lesson 1	happy	are different to	what boys and girls	between	the human	that happen during	
Autumn		us	can do	ourselves and	lifecycle	puberty	puberty in
term	Know some			others			preparation for
	ways that we		Describe the		Know some	Ask questions about	reproduction
	can make new		difference between	Name male and	changes that	puberty with	
	friends feel		male and female	female body parts	happen during	confidence	Talk about puberty
	welcome		babies	using agreed word	puberty		and reproduction
							with confidence
Statutory	Relationships	<u>Relationships</u>	Relationships	<u>Relationships</u>	Health Education	Health Education	Health Education
Guidance	<b>Education</b>	<b>Education</b>	<u>Education</u>	Education	Changing	Mental wellbeing	Mental wellbeing
	Caring	Respectful	Respectful	Respectful	adolescent	(6c, 6d,6f,)	(6c,6d,6f,6g,6i,6j)
	friendships	relationships	relationships	relationships	body(8a)	Changing adolescent	Changing Adolescent
	(2a,2c)	(3a,3e)	(3a,3g)	(3a)		body	body
					Key Stage 2	(8a,8b)	
	<u>Health</u>	<u>Healthy</u>	Key Stage 1 Science		<u>Science</u>	Menstruation (9a)	(8a,8b)
	<u>Education</u>	<u>Education</u>	- Identify, name,		- describe the life		
	Mental	Mental	draw and label the		process of		
	wellbeing	wellbeing	basic parts of the		reproduction in		
	(6b,6c,6g)	(6b,6c)	human body		some plants and		
					animals		
Learning	Know that	Understand that	Describe some	Understand that	Know about the	Understand how	Explain differences
Outcomes	arguing with	babies need care	differences	each person's	physical and	puberty affects the	between healthy and
	friends and then	and support	between male and	body belongs to	emotional	reproductive organs	unhealthy
Lesson 2	making up		female animals	them	changes that		relationships
Spring term	can make	Know that older			happen in puberty	Describe what	
	friendships	children can do	Understand that	Understand		happens during	Know that
	stronger	more by	making a new life	personal space	Understand that	menstruation and	communication and
		themselves	needs a male and a	and unwanted	children change	sperm production	permission seeking
	That resorting to		female	touch	into adults to be		are important
	violence is never				able to reproduce		
	right				if they choose to		

Statutory Guidance	Relationships Education Caring friendships (2d) Health Education Mental wellbeing (6b,6c	Key Stage 1 Science - Identify, name, draw and label the basic parts of the human body	Relationships Education Respectful relationships (3a)  Key Stage 1 Science - Notice that animals, including humans, have offspring that grow into adults	Relationships Education Caring friendships (2e) Respectful relationships (3b,3d,3f) Being safe (5a,5b,5c,5d,5f,5g)	Health Education Mental wellbeing (6a,6b,6c,6d,6f)  Health Education Changing adolescent body (8a, 8b) Menstruation (9a)  Key Stage 2 Science - describe the life process of reproduction in some plants and animals -describe the changes as	Health Education Changing adolescent body (8a,8b) Menstruation (9a)	Relationships Education Families and people who care for us (1a,1b,1d,1f) Caring friendships (2a,2b,2c) Respectful relationships 3b,3d,3h) Being safe (5a,5b,5c,5d,5e)
					humans develop to old age		
Lesson 3 Summer term	Identify different members of the family  Understand how members of a family can help each other	Know there are different types of families  Know which people we can ask for help	Describe the physical differences between males and females  Name the different body parts	Understand that all families are different and have different family members  Identify who to go to for help and support	Know that respect is important in all relationships including online  Explain how friendships can make people feel unhappy or uncomfortable.	Explain how to keep clean during puberty  Explain how emotions/relationshi ps change during puberty  Know how to get help and support during puberty	Describe the decisions that have to be made before having children  Know some basic facts about conception and pregnancy

Statutory		Relationships	Key Stage 1 Science	Relationships	Relationships	Health Education	Relationships
Guidance	Relationships	Education	-Identify, name,	Education	Education	Mental wellbeing	Education
	<b>Education</b>	Families and	draw and	Families and	Caring friendships	(6a,6b,6c, 6d,6e,6f,)	Families and people
	Families and	people who care	label the basic parts	people who care	(2b,2c,2d,2e)	Changing adolescent	who care for us
	people who	for me	of the	for me	Respectful	body (8a,8b)	(1c,1d,1e)
	care for me (1a)	(1a,1b,1c,1d,1f)	human body	(1a,1b,1c,1d,1f,)	relationships	Menstruation (9a)	
	Caring	Caring		Being safe	(3a,3b,3d,3e,3f,3h		Key Stage 2 Science
	friendships (2a)	friendships (2e)		(5d,5f,5g, 5h)	)		- recognise that living
	Respectful	Respectful			Online		things
	relationships	relationships			relationships		produce offspring of
	(3a)	(3a,3e)			(4b,4d)		the same kind, but
		Being Safe					normally offspring
		(5d,5e)					vary and are not
							identical to parents
		<u>Health</u>					
		Education					
		Mental					
		wellbeing					
		(6b,6c)					T 1 1 1
Learning							To have considered
Outcomes							when it is
Losson 4							appropriate to share
Lesson 4							personal/private information in a
Summer Term (Y6							relationship
only)							relationship
Office							To know how and
							where to get support
							if an online
							relationship goes
							wrong

Statutory				Relationships
Guidance				Education
				Online relationships
				(4a,4b,4c,4d,4e)
				Being safe
				(5a,5b,5d,5e,5g,5h)
				Mental wellbeing
				(6h,6i)

# **No Outsiders Curriculum Overview**

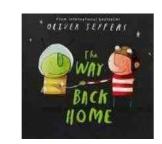


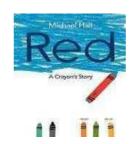


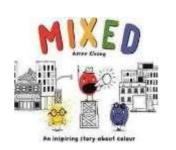


### Year 4

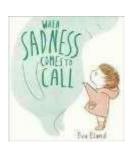






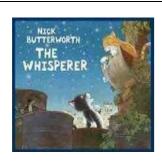




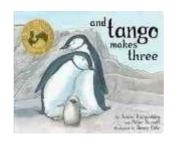


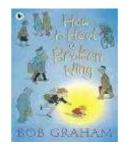
- We are all different, it's great to be different
- People of different race/ culture can work together. Language need not be a barrier
- Be true to yourself,
- don't try to be something you are not
- Why do some people think different races cannot get along? What is the answer to prejudice?
- Stand up for your rights, speak out, be true to yourself
- Talk about feelings, recognise sadness, develop strategies to deal with mental health

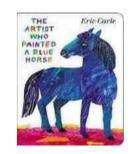
#### Year 5











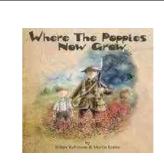


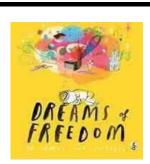
- What is peer pressure, how do you stand up against peer
- Where does racism come from, how can we respond to racist
- Why has the book been banned in, Hong Kong, Utah? Understand we all have different ideas, but we can co-exist
- What is Amnesty International, why do we help people, whatcan we do today to help others
- Different people can get married in the UK, laws can change.
- Who were the Nazis in WW2, what did they stand for, what can we do today to make sure 'never again'?

#### Year 6









- We all grow up, how do our families change, discuss hopes for futu
- How to respond to prejudice, what to do if you witness discrimination?
- Historical awareness of Britain in WW2, respect for those who fought for
- Awareness of holocaust, causes and effect. Recognise what we can do today to make sure 'never again'
- What does transgender mean, how do we make sure everyone feels
- Identify how people in the UK are different, how do we respond to difference and diversity.